

BUNDABERG DISTRICT WOMEN VETERANS Formed 1967 as: BUNDABERG & DISTRICT EX SERVICEWOMEN'S ASSOCIATION



Women Veterans, proud to have served our nation. 11/2023 NOV-DEC





CHESTS OUT—proud female veterans staying in touch for 56 years

Association Information

POSTAL ADDRESS: PO Box 397 Bundaberg Qld 4670 PHYSICAL ADDRESS: 4 Glasgow St, Svensson Heights Qld 4670

WEBSITE: https://bundywomenveterans.org.au FACEBOOK: Bundaberg District Women Veterans Inc

E-MAIL ADDRESSES: secretary@bundywomenvetrans.org.au

admin@bundywomenveterans.org.au (enquiries) <> wellbeing@bundywomenveterans.org.au

events@bundywomenveterans.org.au

BUSINESS INFORMATION: Incorporation IA13064 NFP Charity ABN 78362718229 Public liability Insurance Miramar -132848-Q \$20M See website for constitution, by laws, business plan and other important documents.

MEMBERSHIP:: Service Member \$10; Associate \$15 per year. You may pay for more than one year. Please be sure to alert treasurer of your transfer of money. Your secretary has a record of your advance payments-contact her to check your status. Financial year: 1Jan to 31Dec. See website 'about us' for eligibility and to download an application form

Activities:

Assist. Secty

Awards:

Bundaberg District Women Veterans COMMITTEE 2023-24

Patron: Leone Wilson OAM

EXECUTIVE MEMBERS

President: Jenny Waldron 07 4157 4621 0487 302 114 jenny.waldron@outlook.com

Vice Pres.: Glenda Everton-Brocklesby 0409 896 699 dimps111243@yahoo.com.au

Secretary: Ethel Bourke

bundywv@outlook.com

Treasurer: Sharon Barsby 07 4157 4621 0428 570 014 sharonbarsby1@outlook.com

COMMITTEE MEMBERS

Angella Hillis CSC 0400 422 331 hillis.wa@gmail.com 07 4159 1881 0427 695 167 Kay Littler (Assistant Treasurer) pdk7@dodo.com.au 0407 581 935 Annette Newsham annettenewsham@yahoo.com.au Sheryl Parker 0423 393 151 Lynne Pollock

Leone Wilson OAM (Assistant Secretary)

sherylwoz@gmail.com 07 4151 7795 0438 517 795 lynne.pollock21@outlook.com 07 4159 4134 0427 415 946 leonewilson@outlook.com

0428 881 487

Who to contact:

Financial issues: Treasurer Membership: Secretary/Assist Secty or President Activities: Activities Officer Bookinas: as advertised or Treasurer Outback 2024 tour: Jenny Waldron or Larraine Houlihan

President, Vice Pres, Shirley Watson, Leone Wilson Commemorations: Angella Hillis+ Lynne Pollock Communications & Promotions:

Glenda Taylor

General Appointments

Glenda Everton-Brocklesby +

Jeannie Roberts (non-committee)

Gloria Kilpatrick, Sharon Barsby, Dot Carrol,

Leone Wilson + Ethel Bourke Fundraising: Sharon Barsby + Lynne Pollock, Kay Littler, Phyllis Smith Treasurer, Assistant Treasurer, Secretary, Grants: President History: Leone Wilson Legacy Liaison: Angella Hillis + Lynne Pollock Library: Annette Newsham, Dot Carroll Newsletter : Leone Wilson + Jeannie Roberts Property Officer: Lynne Pollock + Sharon Barsby **RSL** Liaison Dannielle Brearley + Gloria Kilpatrick Social Media: Jeannie Roberts, + Jenny Waldron, Shirley Watson Ten Pin Bowls: Lynne Pollock Website: Jenny Waldron + Faye Chatham

Wellbeing Support Officers (WSO):

Ethel Bourke (The Lakes Village) Dot Carroll Glenda Taylor (Millbank) Lynne Pollock Jenny Waldron Shirley Watson (Pioneer South)

HOW TO PAY:

Electronic Funds Transfer & Direct Deposits: Bundaberg District Women Veterans Inc. Westpac Bundaberg:

> BSB 034122 A/c 637419 PLEASE INFORM SECTY or TREAS .

CASH: You can pay cash at a meeting—Please assist the Treasurer by having the correct money. If you need a receipt let the treasurer know.

Current Life Members

Leone Wilson OAM Shirley Watson Kay Derome Jennifer Waldron Sharon Barsby

Behind the news, Nov

CHRISTMAS

Thank you to Glenda Everton-Brocklesby, coordinator of our Christmas luncheon—I have received a number of reports all positive. Thanks also to Sharon Barsby for managing the bookings and associated accounting plus the raffle with Lynne Pollock.

Add our president, and Rowers on the River—they too contributed to the success.

Probably the biggest input came from our members, not only for

dress-up or donations, but just for being there with a smile!

NO GENERAL MEETING

We have held our final general meeting for the year however the management committee have business to finalize and they will therefore meet in December,

INVITIATION

As previously advised, members interested in being involved supporting our association are welcome to come along to the December 4th management committee meeting.

This meeting will be held at the

Lodge at 1100 Hrs. Upon completion, those in attendance are welcome to continue on somewhere to enjoy lunch together. Lunch is at your own expense.

FINAL ACTIVITIES FOR 2023

November's <u>Ten Pin Bowls</u> wraps up a successful year of fun and fellowship at the Bundy Bowl. Time to be there is by 1030 Hrs please.

<u>Cuppa Chat</u> is scheduled for Wednesday 6 December. This will be an opportunity to utilize the swap library for your holiday reading.

JANUARY 2024

Our first activity for 2024 is Cuppa Chat at the Lodge on Wednesday 3 January. Fair chance there will not be many of you turning up however, I hope (to be confirmed) to get there and open the door for those of you wishing to pop in for a cuppa or maybe just to exchange a book.

Close on its heels comes the first of the month's Super Saturdays and generally we have a few members emerging from the festive break. The preferred minimum is 5 members so please come along if you are able.

For 2024, we will be back to two

months for Super Saturday. The club has confirmed we will have January and May. August will be allotted to the CMF Army Reserve Association.

We are grateful to the club for their support as the money received for our two months goes toward providing our wellbeing activities.

CALENDAR OF EVENTS FOR 2024

The calendar on page 7 coves up to July of next year. Please note the addition of Line Dancing and a change to the February Cuppa Chat.

This and the page 6 activities will be on the agenda for the management committee meeting in December. If there is any updating required for January, you will be sent an email notification. If any change is to be made for the months following January, the updated version will be published in 2024 Chests Out issues.

Please always check these two pages (6 and 7).

BUNDABERG LEGACY BAND EVENT

Our 'landlord' Bundaberg Legacy is continuing its 75th anniversary celebrations with a fundraising concert featuring the Band of the 1st Regiment, Royal Australian Artillery.

The concert will be held at the Moncrieff at 1430 Hrs on Sunday 17 March and bookings can be made by phoning 4130 4100. I believe the cost will be \$10 pp.

MEMBERSHIP SUBS 2024

Our membership year begins 1 January. For those of you wondering if you have already paid for 2024 you may check this by phoning me on 4159 4134.

WELLBEING

Christmas is a time many spend with family or special friends; There are the few who find themselves alone if you know of someone who may be lonely, do more than spare them a thought, give them a call, have a chat. The festive season is also a horror on the road. Leave in plenty of time, stop every couple of hours and adhere to the safety advice. We want you all to return to us next year, bright eyed and bushy tailed..

I will be home over the festive season—feel free to phone if you have a question. Land line preferred 4159 4134. If I don't see you before, have a Merry Christmas and a Happy New Year. Take care.

Leone

Friendship

Friendship is a promise made in the heart. Silent, unwritten. Unbreakable by distance, unchangeable by time.

Thanks Hervey Bay

Shopping early for Christmas? Check with Sharon for: *Mothers Daughters Wives Volume Two* \$25 members \$30 non-members Queen's Jubilee Mugs badged 'Association' \$10 ea

> All of our activities need to be SMELLS-free

Perfumes, aftershaves and other strong smelling products affect the health of many members. Please do not wear scented products to meetings or other activities, even outdoor activities.

THANK YOU

So that we can honour you!

If you wish your service to your country to be recognized at your funeral, you need to let your funeral director or your family know. It is your family who ask the funeral director to arrange to have the poppy tribute. Our association cannot interfere.

Our association practices support through friendship—if you just need to talk to someone, call any committee, wellbeing support officer or association member.

Don't bottle it up! You are important to us.

NEEDED

Members to take our association forward

by joining the committee

and serving as executive office bearers;

or any of a number of other positions.

We are too vital to fold!

Come along to the December management committee meeting: Monday 4th, 1100 Hrs at the Lodge to learn about what is involved.

COMMUNITY HELP IS AT HAND

The Bundaberg Region Connect newsletter provides links to resources helpful to the community including seniors, family, domestic violence, mental wellbeing... https://www.bundaberg.qld.gov.au/downloads/file/2855/bundy-region-connectnewsletter

Check out the following website or visit the Neighbourhood Centre, 111 Targo Street, Ph 4153 1614:

https://www.bundabergneighbourhoodcentre.org.au/

CHESTS OUT

Page 4

Wellbeing Support Officers (WSO)

WHAT THEY DO:

A WSO is someone you may contact to let them know you are going to hospital or are dealing with a problem.

A WSO may lend an ear and chat with you.

A WSO may visit you at home or in hospital. If unable to visit they will let the wellbeing officer know so that she can try and organise someone to visit you.

WHAT THEY CAN'T DO;

A WSO cannot offer advice unless they have been approved through the ATDP system to do so or unless they hold professional qualifications.

WHAT YOU SHOULD NOT EXPECT THEM TO DO;

A WSO is a friend and her care is unfunded.

WSO's should not be expected to take the place of government funded providers of welfare programs.

A WSO should not be asked to provide a service of any type.

A WSO should not be asked to undertake something which is at 'their cost'.

WSO IS FULLY VOLUNTARY

A WSO is your friend when you need one.

A WSO extends the hand of friendship. She has a big heart and a genuine care.

Do not take a WSO's friendship for granted—accept the hand of friendship humbly.

Page 2 provides a list of our current WSO's including contact information. Any caring member may become a wellbeing support officer. Contact Leone to offer your services.

BEYOND A WSO

Members in need of assistance with shopping, in-home care, medical appointments or general wellbeing needs that can't be provided by their own family should contact:

My Aged Care on 1800 200 422.

DVA (Veterans Home Care Package) on 1300 550 450

Both My Aged Care and DVA require an assessment to determine what assistance one may be eligible for.

Members requiring further information or who just want to talk to someone about what to do and how to apply may also contact an ATDP qualified Advocate who will be able to assist them.

Advocates are available through:

| Defence Veterans Drop-in Centre | e 07 | (Jude Binder, Angella Hillis and Nikki Howell) | |
|---------------------------------|------|--|---------------|
| Bundaberg RSL Sub Branch | 07 | 4910 9596 | (Lex Roberts) |
| Bundaberg Legacy | 07 | 4152 5958 | (Rudy Valzan) |

UPCOMING ACTIVITIES TO JULY 2024



CHINESE NEW YEAR LUNCHEON—Mon 12 Feb

Saangs Asian Fusion (now licensed) 1200 Hrs Cost: own expense members and guests — RSVP Glenda Everton-Brocklesby, <u>1 Feb</u>

CUPPA CHAT at Tom Quinn Centre—Wed 7 Feb

Tom Quinn Centre—buy your own cuppa. 1000

PICNIC IN THE PARK—Sun 10 Mar Botanic Gardens, BYO lunch. Time TBA—RSVP direct to Glenda Everton-Brocklesby

QUIET TIME & WOMEN OF FORCE LUNCHEON-Mon 22 Apr

Quiet time and Roll Call, Servicewomen's Memorial, Lions Remembrance Park, Takalvan Street, 1100 Hrs– Commemorations Officer Women of Force Luncheon—Rowers by the River TBC, theme TBA Cost for lunch Members \$20, Guests \$30— RSVP <u>15 Apr</u>

LINE DANCING—fortnightly Tuesdays, 7 May to 24 Sep North Bundaberg Progress Hall 1100 Hrs. Express interest by April general meeting

SUNSHINE COAST BUS TRIP & SCESWA LUNCHEON-5&6 JUN

Overnight coach trip—minimum participants required for coach hire. Cost: TBA —RSVP <u>15 May</u>. Coordinator: Jenny Waldron

57th BIRTHDAY LUNCHEON—Mon 17 Jul

Venue and Theme TBA, 1200 Hrs TBC Cost: Members \$30, Guests \$35—RSVP 5 Jul

OUTBACK 'N' OCEAN BUS TRIP AUGUST 2024 * 11 DAYS Expressions of interest for the <u>waiting list</u> may be sent to Jenny Waldron

Check page 7 for dates/locations of Cuppa Chats, Super Saturday and Picnic in the Park. Still on the drawing board beyond July with dates and details TBA HIGH TEA AND LEADLIGHTING—Lead Lighting Studio

DAY OUTING, BUS FOR LUNCH—to somewhere

<u>NB:</u>

Activities other than Outback 'n' Ocean are subject to approval of the Committee. Confirmation of areas TBA and TBC will be advised ASAP. This note also applies to page 7..

Book and pay at meetings on the lists provided by Treasurer Sharon or pay by direct deposit to Association : Westpac BSB 034122 Acct: 637419 – advise treasurer of your deposit by email – <u>sharonbarsby1@outlook.com</u>

OUR DIARY 2023 and draft to JUL 24



| | | | | A STATE OF A |
|------|-----|----|--------------------|---|
| NOV | Mon | 27 | Ten Pin Bowls | Bundy Bowl, 1030 for 1100 Hrs |
| DEC | Wed | 06 | Cuppa Chat | Lodge from 1030 Hrs |
| 2024 | | | | |
| JAN | Wed | 03 | Cuppa Chat | Lodge from 1030 Hrs |
| JAN | Sat | 06 | Super Saturday | Bundaberg Services Club from 1130 Hrs |
| JAN | Sat | 13 | Super Saturday | Bundaberg Services Club from 1130 Hrs |
| JAN | Mon | 15 | Meetings | Lodge, Committee 1230 Hrs (all welcome), General 1400 Hrs |
| JAN | Sat | 20 | Super Saturday | Bundaberg Services Club from 1130 Hrs |
| JAN | Sat | 27 | Super Saturday | Bundaberg Services Club from 1130 Hrs |
| JAN | Mon | 29 | Ten Pin Bowls | Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs |
| FEB | Wed | 07 | Cuppa Chat TQ | Tom Quinn Centre buy your own from 1030 Hrs |
| FEB | Mon | 12 | | Sang's Asian Fusion 1200 Hrs pay for own selection RSVP 1Feb |
| FEB | Mon | 19 | Meetings | Lodge, Committee 1230 Hrs (all welcome), General 1400 Hrs |
| FEB | Mon | 26 | Ten Pin Bowls | Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs |
| MAR | Wed | 06 | Cuppa Chat | Lodge from 1030 Hrs Wreath making activity. |
| MAR | Sun | 10 | Picnic in the Park | Botanic Gardens time TBA |
| MAR | Mon | 18 | AGM | Lodge, 1400 Hrs |
| MAR | Mon | | Ten Pin Bowls | Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs |
| | | | | |
| APR | Wed | 03 | Cuppa Chat | Lodge from 1030 Hrs |
| APR | | 15 | Meetings | Lodge, Committee 1230 Hrs (all welcome), General 1400 Hrs |
| APR | Mon | 22 | Quiet Time/Lunch | Lions Rem Pk 1100; Rowers TBC M\$20 G\$30 RSVP 15Apr |
| APR | Thu | 25 | Anzac Day | War Nurses 1015 Hrs (city and elsewhere as advertised locally) |
| APR | Mon | 29 | Ten Pin Bowls | Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs |
| MAY | Wed | 01 | Cuppa Chat | Lodge from 1030 Hrs |
| MAY | Sat | 04 | Super Saturday | Bundaberg Services Club from 1130 Hrs |
| MAY | Tue | 07 | Line Dancing | North Bundaberg Progress Hall 1100 Hrs |
| MAY | Sat | 11 | Super Saturday | Bundaberg Services Club from 1130 Hrs |
| MAY | Sat | 18 | Super Saturday | Bundaberg Services Club from 1130 Hrs |
| MAY | Mon | | Meetings | Lodge, Committee 1230 Hrs (all welcome), General 1400 Hrs |
| MAY | Tue | 21 | Line Dancing | North Bundaberg Progress Hall 1100 Hrs |
| MAY | Sat | 25 | Super Saturday | Bundaberg Services Club from 1130 Hrs |
| MAY | Mon | 27 | Ten Pin Bowls | Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs |
| JUN | Tue | 04 | Line Dancing | North Bundaberg Progress Hall 1100 Hrs |
| JUN | Wed | 05 | Cuppa Chat | Lodge from 1030 Hrs |
| JUN | Wed | 05 | O'night coach trip | Sunshine Coast for SCESWA luncheon—return Thu 06 |
| JUN | Mon | | Meetings | Lodge, Committee 1230 Hrs (all welcome), General 1400 Hrs |
| JUN | Tue | 18 | Line Dancing | North Bundaberg Progress Hall 1100 Hrs |
| JUN | Mon | 24 | Ten Pin Bowls | Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs |
| JUL | Tue | 02 | Line Dancing | North Bundaberg Progress Hall 1100 Hrs |
| JUL | Wed | 03 | Cuppa Chat | Lodge from 1030 Hrs |
| JUL | Mon | 15 | Birthday Luncheon | Rowers on the River M \$30 G \$35 RSVP 3 Jul |
| JUL | Tue | 16 | Line Dancing | North Bundaberg Progress Hall 1100 Hrs |
| JUL | Sun | 21 | Picnic in the Park | Bungadoo—BYO lunch at Jenny and Sharon's private park |
| JUL | Mon | 29 | Ten Pin Bowls | Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs |
| JUL | Tue | 30 | Line Dancing | North Bundaberg Progress Hall 1100 Hrs |
| | | | | ceboard Lodge cliphoards and the minutes for undates |
| | | | | POULD LOUDE HODOULDS UND THE HUBBLES TOF HUBBLES |

Watch Chests Out, Lodge noticeboard, Lodge clipboards, and the minutes, for updates.



Christmas greetings to all members. Wishing you a happy festive season that allows you to enjoy time with family and friends. Please stay safe and return to join with us for all that 2024 offers, beginning with Super Saturday in January. Jenny

CHRISTMAS 2023

There was a great gathering at Rowers on the River on Monday 20. Glitter and sparkle everywhere from table settings to some pretty inventive costumes. Raffle prizes overflowed to the floor surrounding the prize table.

Coordinator Glenda EB and Treasurer Sharon pulled it all together ahead of the day then Lynne joined the workforce and president Jenny and Glenda led the festivities with minimal formalities. Glenda had us playing games which saw most of us all at sea!

The dress theme competitors who are pictured here (Kay, & Glenda; Lynne, Jeannie, Shirley W, Con & Angella) and on page 1 (winners Lynne 3rd, Con 2nd & Kay 1st) added that special touch. Many more had something Christmassy adorning their attire.

Rowers provided a meal that did not disappoint and the many smiling faces were the cream on top. Well done to all members and the guests who joined us.







GLENDA T PHYLLIS KAY L DOT



GLENDA EB SHIRLEY W SHIRLEY P MARGARET



TRACY JENNIE SAM LARRAINE











Peter & Jeannie, Ken & Sheryl, Bill & Angella, Gloria K & Berris, Con & Faye, Ethel & Sheona

THANK YOU WORKERS:

THANK YOU DONORSI





REMEMBRANCE DAY 2023





Left: Gloria Kilpatrick represents the association at Bundaberg's Buss Park ceremony. Also in attendance, Shirley Watson, Olive Paterson and Jenny Chester.

Above: Leone Wilson OAM representing the association at Burnett Heads.

DECEMBER anniversaries/significant events

3 Dec Arrival of the first Australian forces in Afghanistan, 2001
20 Dec Last Australian soldiers evacuate Gallipoli, 1915

JANUARY 2024

We celebrate the women's services anniversaries: Post War WRANS, WRAAC, WRAAF, RAANC's 73 years RANNS 81; RAAFNS 83 WWII WRANS, AWAS, WAAAF 83 AWLA 82



<u>A Keeper</u>

Their marriage was good, their dreams focused. Their best friends lived barely a wave away. I can see them now, Dad in trousers, work shirt and a hat; and Mom in a house dress, lawn



mower in one hand, and dish-towel in the other? It was the time for fixing things: a curtain rod, the kitchen radio, screen door, the oven door, the hem in a dress. Things we keep.



It was a way of life, and sometimes it made me crazy? All that re-fixing, re-heating leftovers, renewing; 9 wanted just once to be wasteful?

Waste meant affluence. Throwing things away meant you knew there'd always be more.

But when my mother died, and 9 was standing in that clear morning light in the warmth of the hospital room, I was struck with the pain of learning that sometimes there isn't any more.

Sometimes, what we care about most gets all used up and goes away...never to return.

So... While we have it, it's best we love it... And care for it ... And fix it when it's broken ... And heal it when it's sick.

This is true: For marriage... And old cars... And children with bad report cards... Dogs and cats with bad hips... And aging parents... And grandparents.

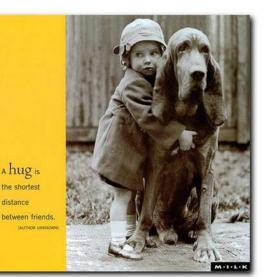


We keep them because they are worth it, because we are worth it. Some things we keep, like a best friend that moved away or a classmate we grew up with.

There are just some things that make life important, Like people we know who are special...

And so, we keep them close!

Good friends are like stars... You don't always see them, but you know they are always there!



If your dog is fat, you aettinc enough exercise

CHESTS OUT

distance



QUESTIONS YOU JUST CAN'T ANSWER

Why doesn't Tarzan have a beard when he lives in the jungle without a razor?

Why do we press harder on a remote control when we know the batteries are flat?

Why do banks charge a fee on 'insufficient funds' when they know there is not enough?

Why do Kamikaze pilots wear helmets?

Why does someone believe you when you say there are four billion stars, but check when you say the paint is wet?

Whose idea was it to put an 'S' in the word 'lisp'?

What is the speed of darkness?

Why is it that people say they 'slept like a baby' when babies wake up every two hours?

If the temperature is zero outside today and it's going to be twice as cold tomorrow, how cold will it be?

Do married people live longer than single ones or does it only seem longer?

How is it that we put man on the moon before we figured out it would be a good idea to put wheels on luggage?

Why do people pay to go up tall buildings and then put money in binoculars to look at things on the ground?

DID YOU EVER STOP AND WONDER

Who was the first person to look at a cow and say, 'I think I'll squeeze these pink dangly things here, and drink whatever comes out?'

Who was the first person to say, 'See that chicken there... I'm gonna eat the next thing that comes outta it's bum.'

Why do toasters always have a setting so high that could burn the toast to a horrible crisp, which no decent human being would eat?

Why is there a light in the fridge and not in the freezer?

Why do people point to their wrist when asking for the time, but don't point to their bum when they ask where the bathroom is?

Why does your Gynecologist leave the room when you get undressed if they are going to look up there anyway?

Why does Goofy stand erect while Pluto remains on all fours? They're both dogs !

If quizzes are quizzical, what are tests?

If corn oil is made from corn, and vegetable oil is made from vegetables, then what is baby oil made from?

If electricity comes from electrons, does morality come from morons?

Why do the Alphabet song and Twinkle, Twinkle Little Star have the same tune?

Stop singing and read on.....

Do illiterate people get the full effect of Alphabet Soup?

Did you ever notice that when you blow in a dog's face, he gets mad at you, but when you take him on a car ride, he sticks his head out the window?

Does pushing the elevator button more than once make it arrive faster?

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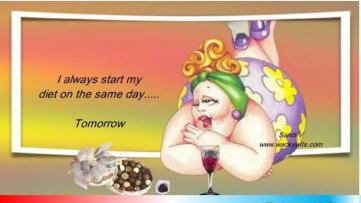
SOME SAYINGS

- Gardening Rule: When weeding, the best way to make sure you are removing a weed and not a valuable plant is to pull on it. If it comes out of the ground easily, it's a valuable plant.
- One good turn gets most of the blankets.
- A closed mouth gathers no feet.
- The only difference between a rut and a grave is the depth.
- It's not hard to meet expenses, they are everywhere.
- There are two kinds of pedestrians the guick and the dead.
- Health is merely the slowest possible rate at which to die.

Life is sexually transmitted.

An unbreakable toy is useful for breaking other toys.

Never take life seriously. Nobody gets out alive anyway.



CHESTS OUT

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SCHOOL -- 1970 vs. 2010

<u>Scenario</u>: Johnny and Mark get into a fistfight after school.

1970 - Crowd gathers. Johnny wins. Johnny and Mark shake hands and end up best mates for life. 2010 - Police called, arrests Johnny and Mark.. Charge them with assault, both expelled even though Mark started it. Both children go to anger management programs for 3 months. School board hold meeting to impliment bullying prevention programs

<u>Scenario</u>: Robbie won't Keep still in class, disrupts other students.

1970 - Robbie sent to office and given 6 of the best by the Headmaster. Returns to class, sits still and does not disrupt class again.

2010 - Robbie given huge doses of Ritalin. Becomes a zombie. Tested for ADD. Robbie's parents get fortnightly disability payments and School gets extra funding from state because Robbie has a disability.

<u>Scenario</u>: Billy breaks a window in his neighbour's car and his Dad gives him a whipping with his belt.

1970 - Billy is more careful next time, grows up normal, goes to college, and becomes a successful businessman.

2010 - Billy's dad is arrested for child abuse. Billy removed to foster care and joins a gang. Government psychologist tells Billy's sister that she remembers being abused herself and their dad goes to prison.

<u>Scenario</u>: Mark gets a headache and takes some aspirin to school.

1970 - Mark gets glass of water from Teacher to take aspirin with.

2010 - Police called, Mark expelled from school for drug violations. Car searched for drugs and weapons.

<u>Scenario</u>: Johnny takes apart leftover firecrackers from Guy Fawkes, puts them in a model airfix paint bottle, blows up an ant's nest. 1970 - Ants die.

2010- Police, Armed Forces, & Anti-terrorism Squad called. Johnny charged with domestic terrorism, MI5 investigate parents, siblings removed from home, computers confiscated. Johnny's Dad goes on a terror watch list and is never allowed to fly again.

<u>Scenario</u>: Johnny falls while running during break and scrapes his knee. He is found crying by his teacher, Mary . Mary hugs him to comfort him.

1970 - In a short time, Johnny feels better and goes on playing.

2010 - Mary is accused of being a sexual predator and loses her job. She faces 3 years in Prison. Johnny undergoes 5 years of therapy.

Think about it, how stupid have we become!



SHOP WISE AND SAVE

A husband and wife are shopping in their local Wal-Mart.

The husband picks up a case of Budweiser and puts it in their cart.

'What do you think you're doing?' asks the wife.

'They're on sale, only \$10 for 24 cans he replies.

'Put them back, we can't afford them demands the wife, and so they carry on shopping.

A few aisles further on along the woman picks up a \$20 jar of face cream and puts it in the basket.

What do you think you're doing?' asks the husband.

'It's my face cream. It makes me look beautiful,' replies the wife.

Her husband retorts: 'So does 24 cans of Budweiser and it's half the price.'

Cleaning Fruit - Chemical-free and EASY!



Fill sink with water, add 1 Cup of Vinegar, and Stir. Add all fruit, and Soak for 10 minutes. Water will be dirty, and fruit will sparkle with no wax, or dirty film. Great for Berries too, as it keeps them from molding. Do this with strawberries, and they last for weeks!





JUMP MITO JANUARY 2024

CUPPA CHAT WED 3RD 1030 HRS

SUPER SAT 6, 13, 20, 27 1130 IRS

MEETANG MON 15 1400 NRS

TEN PHI BOWLS MON 29 1030 HRS

CONTACTS

RSL EMERGENCY 134RSL (134775)**Bundaberg RSL: COMPENSATION 0428 988** 580 Lex Roberts SECTY 0477 959 747 Dannielle Brearley ACTIVITIES 0418 983 415 **Jan Rimmington RSL QLD ADVOCATE Sophie Burnett** 4154 4284 WELLBEING Jane Jackson 3155 6416 or 0447 176 209 LEGACY

WELLBEING Rudy Valzan 0418 452 059

Defence Vets Drop In Centre:

4153 4599 Open Mon & Thu mornings, ESO BBQ's lunchtime 1st Sunday WELLBEING Jude Binder, Angella Hillis CSC

> DVA 1800 555 254 Advice and claims 1800 838 372

Open Arms— Veterans & Families Counselling 1800 011 046

> Safe Zone 24/7 1800 142 072

Lifeline 24/7 13 11 14 www.lifeline.org.au ADF Health & Wellbeing

Portal www.defence.gov.au/ health/healthportal

Defence Family Helpline 24/7 1800 624 608 www.defence.gov.au/DCO/ Defence-Helpline.asp Health Direct 1800 022 222 Poisons Information 13 11 26 Elder Abuse 1800 737 732

BIRTHDAYS

December

| Kay Derome | | |
|---------------------------|----|--|
| Glenda Everton-Brocklesby | 11 | |
| Leah Belmonte | 11 | |
| Shelagh Bennet | 20 | |
| Shirley Coutts | 23 | |
| Jan Tainton | 24 | |
| Annamarie Donaghue | 27 | |

January

| Sharon Barsby | 02 |
|-----------------|----|
| Helen Blackburn | 06 |
| Lynne Pollock | 07 |
| Kerry Clements | 10 |
| Sonya Leijen | 12 |
| Michele Allen | 21 |
| Phyllis Smith | 26 |
| Faye Chatham | 30 |
| Jenny Millers | 30 |

Happy Birthday!



Check the clipboards; the notice board; CO pages 6 and 7; and the Website!!

Have you secured your booking with payment?

Acknowledgement: Thank you to the Bundaberg RSL Sub Branch for printing file and limited hard copies for non-electronic members.

CHESTS OUT

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