



BUNDABERG DISTRICT

Women
Veterans

BUNDABERG DISTRICT WOMEN VETERANS
Formed 1967 as: BUNDABERG & DISTRICT EX SERVICEWOMEN'S ASSOCIATION



Chests Out

Women Veterans, proud to have served our nation.

7/2025 JULY



**Birthday
celebrations**



CHESTS OUT—proud female veterans staying in touch for 58 years

Association Information

POSTAL ADDRESS: PO Box 397 Bundaberg Qld 4670

PHYSICAL ADDRESS: 4 Glasgow St, Svensson Heights Qld 4670

WEBSITE: <https://bundywomenveterans.org.au> **FACEBOOK:** Bundaberg District Women Veterans Inc

E-MAIL ADDRESSES: secretary@bundywomenveterans.org.au

admin@bundywomenveterans.org.au (enquiries) <> wellbeing@bundywomenveterans.org.au

events@bundywomenveterans.org.au

BUSINESS INFORMATION: Incorporation IA13064 NFP Charity ABN 78362718229 Public liability Insurance Miramar -132848-Q \$20M

See website for constitution, by laws, business plan and other important documents.

MEMBERSHIP: Service Member \$10; Associate \$15 per year. You may pay for more than one year. Please be sure to alert treasurer of your transfer of money. Your secretary has a record of your advance payments—contact her to check your status.

Financial year: 1Jan to 31Dec. See website 'about us' for eligibility and to download an application form.

Bundaberg District Women Veterans

COMMITTEE 2025-26

Patron: Leone Wilson OAM

EXECUTIVE MEMBERS

President: Leone Wilson OAM 07 4159 4134
M: 0427 415 946 leonewilson@outlook.com

Vice Pres: Jenny Waldron OAM 07 4157 4621
M: 0487 302 114 jenny.waldron@outlook.com

Secretary: Mary-Rose Mulvaney OAM 0419 121 128
maryrose.mulvaney@gmail.com

Treasurer: Sharon Barsby 07 4157 4621 0428 570 014
sharonbarsby1@outlook.com

COMMITTEE MEMBERS

Angella Hillis CSC 0400 422 331
hillis.wa@gmail.com

Kay Littler 07 4159 1881 0427 695 167
(Assistant Treasurer) pdk7@dodo.com.au

Annette Newsham 0407 581 935
annettenewsham@yahoo.com.au

Sheryl Parker 0423 393 151
sherylwoz@gmail.com

Lynne Pollock 07 4151 7795 0438 517 795
lynne.pollock21@outlook.com

Meetings: see page 7

Who to contact:

Financial issues:	Treasurer
Membership:	Secretary/Assist Secty, President
Activities:	Activities Officer or coordinators
Bookings:	Coordinator or Treasurer
Commemorations	Commemorations Officer
Policy, Procedures	Jenny Waldron or Leone Wilson
Strategic Planning	President

General Appointments

Activities: A/Off (VACANT), Assist: Jenny Waldron, Glenda Everton-Brocklesby, Annette Newsham, Jeannie Roberts

Assist. Secty Leone Wilson, Jeannie Roberts

Awards: President, Vice Pres, Shirley Watson,

Commemorations: C/Off (VACANT), Assist: Angella Hillis, Jenny Waldron, Leone Wilson

Commun.& Prom: Media: President, Assist: Sheryl Parker

Financial Auditor: Lynne Pollock, Sheona Webster-Gorrie

Fundraising: Sharon Barsby, Assist: Kay Littler, Lynne Pollock

Grants: Jenny Waldron, Kay Littler, Sharon Barsby

History: His/Mgr (VACANT), Assist: Leone Wilson

Legacy Liaison: Sheryl Parker, Lynne Pollock

Library: Annette Newsham

Line Dancing: Sharon Barsby, Assist: Annette Newsham

Newsletter : Leone Wilson, Assist: Jeannie Roberts

Property Officer: Lynne Pollock, Assist: Sharon Barsby

RSL Liaison Dannielle Brearley, Gloria Kilpatrick

Social Media: Jeannie Roberts, Assist: Jenny Waldron

Ten Pin Bowls: Lynne Pollock

Website: Jenny Waldron Assist: Faye Chatham

Wellbeing Support Officers (WSO):

Jeannie Roberts

Jenny Waldron 4157 4621

Shirley Watson (include Pioneer South) 0408 460 951

Leone Wilson (Wellbeing Officer) 4159 4134

Sheryl Parker (COP Liaison)

Current Life Members

Leone Wilson OAM

Shirley Watson

Kay Derome

Jennifer Waldron OAM

Sharon Barsby

HOW TO PAY:

Electronic Funds Transfer & Direct Deposits:

Bundaberg District Women Veterans Inc. Westpac Bundaberg: BSB 034122 A/c 637419

PLEASE INFORM SECTY or TREAS.

CASH: You can pay cash at a meeting—Please assist the Treasurer by having the correct money. If you need a receipt let the treasurer know.

Behind the news, July

FAREWELL MARIS

Associate 'Marie' Slapp who, together with her late husband Roy, provided wonderful support to our association. In particular they ensured that we continued our activities at a time when our numbers dropped markedly. Marie passed away recently and has gone to be with Roy.

Marie was visited regularly by Shirley Watson over past years. Thank you to Shirley for sharing your smile and brightening Marie's day. Thank you to those members

who attended the ceremony held at Burnett Heads on 25 July.

Our condolences are extended to Maris' family.

ACTIVITIES

If keeping active is good for you, then we have not done bad this July even though we didn't have a meeting. The diary included 5 line dancing, 1 ten pin, 1 cuppa chat, 1 art class, and 1 luncheon.

Of course the planning crew worked ahead of each then followed afterward with any wrap up required.

Arty morning: Turtles never looked so good! or different! Jassy brought out the best in us, added music to sing to, and we put in effort and comments to enjoy and laugh at.

Luncheon: Thank you to all. A number of comments received tell the story of a terrific fun-filled event.

Top marks to the team of workers and to the many who donned costumes to make the event what it was. Commiseration to those who missed out.

The activities committee had a fair bit of negotiations to undertake as the event was our first at the new

RSL Club. Jeannie and Kerry gave up some of their Sunday to set up the decorations and some of these had been donated by Glenda E-B; all aimed to ensure you enjoyed the celebration.

Check Facebook for more photos than are printed in this issue.

6 August at Tom Quinn Café. See you there around 1000 Hrs (Tom Quinn Café is behind Norville State School—head there, not the Lodge!)

Kay has booked a table for us, so look for familiar faces when you arrive then go place your morning tea order at the café. Be warned,

there are heaps of goodies on offer so you may not need lunch!

Still to come:

Booking sheets are awaiting you at the Lodge; also c

Check pages 6 and 7, plus the minutes of the general meeting for all of the details.

Barambah: For all going bush, make sure you are up to date with the latest info from Jenny W.

The itinerary is varied and optional and some support is by a mini-coach; the park has a golf course and the mandatory camp fire.

Hervey Bay: Oh why did you dispose of that 60's outfit?

Time to get busy again with your flower power ideas and hippy items. For those who don't have any desire to dress up, just wear your smile—being happy is part of the fun loving era. (some clothing is essential though; sorry, club rules.)

COMMEMORATIONS

We will be represented at the two annual commemorations marking the Korean and Vietnam Wars.

Shirley W stepped in at the last mi-

nute to lay a wreath at the Korean Veterans Day commemoration in Lions Remembrance Park on 27 July at 1100 Hrs.

Shirley will also represent us at the Bundaberg Defence Veterans Drop In centre service on Vietnam Veterans Day, 18 August, 1100 Hrs.

Members are welcome to attend these services; keep in mind that our meeting is held on 18 August, but plenty of time to attend both.

WELLBEING

Golly-gosh we are having a rough trot with members on the 'could be better list'. Thank you to those mem-

bers who have visited or maintained contact with fellow members. Best wishes to you all for a quick recovery.

And the bug is in the air as is usual for this time of year. Don't forget to wash hands with soap and until you do, keep them away from face and food. Cover the cough with your elbow or a fresh tissue; mask up when appropriate—all the 2020 usuals. Look after you and watch out for your mate. Hydrate, and cross your fingers! Take care,

Leone

Hervey Bay shares Friendship July
Friends are like flowers in the Garden of Life.

Have you preserved your service story?

Whilst we will not be producing another book at this time, we are still offering to collect and preserve your story in print, in a simple booklet. That way your service to our nation will be remembered. Check a copy of *Mothers Daughters Wives, Volume Two* at the Lodge to see an example. You could also purchase a copy at the special discounted price of \$15—while they last! See Leone about writing your story.



The (Legacy) Lodge Library

SPECIAL BDWW LIBRARY

The association's collection of books is available for members to read onsite—they are 'one only copies' and we can't afford to lose them.

This special library which is housed in the store room includes MDW vol one and two, Special Chests Out, Vol One and Two Commemorative booklets and Chests Out's.

Please feel free to have a read when visiting the Lodge. But do not remove from the building—thank you.

SWAP LIBRARY

These books, DVD and jig saws are for you to borrow. You may donate books/jigsaws. Returning after enjoying allows another member to borrow.

ON LOAN LIBRARY—please book out and in!

'Sign out' books are available for when borrowing RSL's library books or Member Owned books, jig-saws or DVD's. These items are available to borrow but must be returned. Please note in the loan book provided.

INFECTIOUS

*A genuine smile—
one that reaches your eyes—is infectious.*
PLEASE SPREAD WIDELY

**Your gold coin
donation made when
attending the Lodge,
supports our generous
landlord,
Bundaberg Legacy**

PHOTOS OF YOU

Unless you advise otherwise, it is deemed we have permission to take and publish photos of you in the newsletter or on our Facebook page. If this is not the case, please contact the secretary.

One has to wonder what the staff thought when this lot turned up at the Mater to spread some wellbeing joy!



Wellbeing Activities

All of our activities are for the wellbeing of members.

LINE DANCING

It takes time and patience but Instructor Chris will help you to learn and enjoy this healthy fun experience.

WEDNESDAYS FROM 1200-1300 Hrs (noon to 1pm)

Coronation Hall (airconditioned) 71 High Street, Walkervale.

Coordinator: Sharon Barsby Assisting: Kerry Clements

TEN PIN BOWLS

Last Monday of the month, Jan to Nov all welcome

NO SKILL NEEDED!

Meet in café area - 1030 for 1100 Hrs start.

Stay for a social lunch (optional).

First timers contact Lynne Pollock 0438 517 795

Catching up with a mate



Is a wonderful way to spread friendship and share wellbeing.
Jeannie & Patricia enjoying time together over a cuppa.

BUNDABERG RSL SUB BRANCH SUPPORTS US
PLEASE SHOW YOUR SUPPORT FOR YOUR RSL

Contact info on page 12

**If you are 65 or over
register now:**

my aged care

1800 200 422

www.myagedcare.gov.au

Be alert to scams

*Odd email from a friend,
business or association?*

**If it looks different;
the format is unusual;
the wording unfamiliar;
the request strange.**

**BEWARE—IT IS LIKELY
OUT TO TRAP YOU**

- ⇒ Always check the email address – the one used may not look correct
- ⇒ Study the wording - the wording used may not be 'usual' from the supposed source
- ⇒ Signature – is this the way the sender would normally sign
- ⇒ Finance - does the request really sound correct and if you are asked to supply financial details, DON'T.

Do not click on links or carry out any of the requests.

**IF YOU HAVE ANY DOUBT—
PHONE THE SENDER AND
CHECK (DO NOT EMAIL)**

<https://scamwatch.gov.au>

THIS BOOKLET COULD SAVE YOUR LIFE—\$2





UPCOMING ACTIVITIES



CUPPA CHAT AT TOM QUINN CAFÉ—6 AUG 25

From 1000 Hrs—Buy your own.

Coordinator Kay Littler

COUNTRY GET-AWAY—2 to 5 SEP

Information sheet available at the Lodge.

Coordinator: Jenny Waldron/Sharon Barsby

PICNIC IN THE PARK—SUN 12 OCT

Alexandra Park—BYO Lunch

UKULELE LESSON—TUE 14 OCT

The Lodge, 1000 Hrs to 1200 Hrs

Members \$10, Guests \$20. includes lunch; waiting list available

Coordinator: Jeannie Roberts

HERVEY BAY LUNCHEON—SAT 18 OCT 25

Depart Bundaberg Coaches 0930 RSVP by 30 Sep

60's attire—flower power and bell bottoms. Members \$70 guests \$85

Coordinator: Jenny Waldron

CHRISTMAS LUNCHEON—MON 17 NOV

Note the date and WATCH this space, CO page 3 coming issues, and the GM minutes for details

Check page 7 for meetings and all other regular activities

BOOKING FOR AN ACTIVITY

PLEASE BOOK EARLY TO ASSIST WITH PLANNING.

The RSVP date is the last date for cancellations to receive a refund. The easy way to book is via the clipboards at the Lodge. *Otherwise contact coordinator, activity officer or secretary.*

Contact details and payment info can be found on page 2

IMPORTANT: Please advise any special diet requirements when booking for a function.

All bookings are to be confirmed by payment. (see page 2 for payment options)

Watch for any updates to these activities.

If, unfortunately, you need to cancel a booking, please advise the coordinator.



OUR DIARY 2025

Please check page 10 for Commemorations



JUL	Mon	28	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
JUL	Wed	30	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
AUG	Wed	06	Cuppa Chat	<u>Tom Quinn Café 1000 Hrs—buy your own. Book please</u>
AUG	Wed	06	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
AUG	Wed	13	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
AUG	Mon	18	Meetings	Lodge, Committee 1200 Hrs (all welcome), General 1300 Hrs
AUG	Wed	20	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
AUG	Mon	25	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
AUG	Wed	27	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
SEP	Wed	03	Cuppa Chat	Lodge from 1000 Hrs
SEP	Wed	03	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
SEP	Tu-Fr	2-5	Murgon Getaway	Go bush at Barambah; visit attractions
SEP	Wed	10	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
SEP	Mon	15	Meetings	Lodge, Committee 1200 Hrs (all welcome), General 1300 Hrs
SEP	Wed	17	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
SEP	Wed	24	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
SEP	Mon	29	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
OCT	Wed	01	Cuppa Chat	Lodge from 1000 Hrs
OCT	Wed	01	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
OCT	Wed	08	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
OCT	Sun	12	Picnic in the Park	Alexandra Park—BYO lunch
OCT	Tue	14	Ukulele Lesson	Beginners class at Legacy Lodge 1000-1200 hrs M\$10 G\$20
OCT	Wed	15	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
OCT	Sat	18	Hervey Bay Lunch	Depart Bundy Coaches 0930 Hrs
OCT	Mon	20	Meetings	Lodge, Committee 1200 Hrs (all welcome), General 1300 Hrs
OCT	Wed	22	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
OCT	Mon	27	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
OCT	Wed	29	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
OCT	TBA		VHW	Veterans Health Week activity
NOV	Wed	05	Cuppa Chat	Tom Quinn Café 1000 Hrs—buy your own
NOV	Wed	05	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
NOV	Wed	12	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
NOV	Mon	17	Christmas Lunch	End of year function

ARTY 2025



BIRTHDAY FUN 2025





MORE PHOTOS CAN BE FOUND ON FACEBOOK



Commemorations

ANNIVERSARIES & SIGNIFICANT EVENTS- AUGUST

15 Aug 1945 Victory in the Pacific
18 Aug Vietnam Veterans Day
31 Aug Malaya and Borneo Veterans Day

Terrance Bragg is a regular at the Y gym. He shares jokes with us and has written the following.

18th AUGUST

It is the 18th day of August and the Nasho by the Reg does stand
Their ceremony has ended, and these now ageing men gather in groups,
And they talk of the times, of long ago and many years past,
Of when they were young, and marched with their heads held high with pride,
And they carried their rifles with the bayonets that shone in the bright sunshine.
They talked about the good times that they had had
And, also about the sad.
They talked of their mates who had died,
And of the families that had cried
They recalled the battles that they had fought,
They had not come home to be welcomed with acclaim and glory,
But had been met with scorn and disdain
For them their glory had not been granted
Nor from a store was any kudos bought
It had been earned in the heat and the dust, the mud and rain, in the rice paddies and jungle.
For them it had "Punch a Postie" when the mail from home didn't come,
And "Wallop a Wharfie" when the Aussie beer wasn't loaded.
They drank cans of Yellow, or Black, dependent on whence from which they came.
Like their Grandfathers, Fathers and Uncles each of them,
Be they Soldier, Sailor Or Airman had gone,
And their duty they had done
They fought in a war that split our land,
They fought in a faraway land,
A land called Vietnam
Now, they begin to disperse, and shake hands and say goodbye till they meet again,
On Vietnam Veteran's Day

Terrence W. Bragg



Our members' post WWII defence contribution to Australia



Husband Store

A store that sells new husbands has opened in New York City, where a woman may go to choose a husband. Among the instructions at the entrance is a description of how the store operates:



You may visit this store **ONLY ONCE!** There are six floors and the value of the products increase as the shopper ascends the flights. The shopper may choose any item from a particular floor, or may choose to go up to the next floor, but you cannot go back down except to exit the building!

So, a woman goes to the Husband Store to find a husband. On the first floor the sign on the door reads:

Floor 1 - These men Have Jobs

She is intrigued, but continues to the second floor, where the sign reads:

Floor 2 - These men Have Jobs and Love Kids.

'That's nice,' she thinks, 'but I want more.'

So she continues upward. The third floor sign reads:

Floor 3 - These men Have Jobs, Love Kids, and are Extremely Good Looking.

'Wow,' she thinks, but feels compelled to keep going.

She goes to the fourth floor and the sign reads:

Floor 4 - These men Have Jobs, Love Kids, are Drop-dead Good Looking and Help With Housework.

'Oh, mercy me!' she exclaims, 'I can hardly stand it!'

Still, she goes to the fifth floor and the sign reads:

Floor 5 - These men Have Jobs, Love Kids, are Drop-dead Gorgeous, Help with Housework, and Have a Strong Romantic Streak.

She is so tempted to stay, but she goes to the sixth floor, where the sign reads:

Floor 6 - You are visitor 31,456,012 to this floor. There are no men on this floor. This floor exists solely as proof that women are impossible to please. Thank you for shopping at the Husband Store.

PLEASE NOTE:

To avoid gender bias charges, the store's owner opened a New Wives store just across the street.

The first floor has wives that love sex.

The second floor has wives that love sex and have money and like beer

The third, fourth, fifth and sixth floors have never been visited.

Why We Love Children !

A nursery school pupil told his teacher he'd found a cat, but it was dead.

'How do you know that the cat was dead?' she asked her pupil.

'Because I pissed in its ear and it didn't move,' answered the child innocently.

'You did WHAT?' the teacher exclaimed in surprise.

'You know,' explained the boy, 'I leaned over and went 'Pssst' and it didn't move'



You are only young once, but you can stay immature indefinitely.



I'm on two simultaneous diets. I wasn't getting enough food on one.

CONTACTS

Bundaberg RSL

Secretary 07 4138 7621

Compensation & Wellbeing
Advocacy & Hospital Visits 07 4330 3166

Activities & Events 07 4330 3167

Bundaberg RSL Club 07 4138 7620

Bundaberg Legacy

07 4152 5958

Defence Vets Drop In Centre:

07 4153 4599

Open Mon & Thu mornings,
ESO BBQ's lunchtime 1st Sunday

WELLBEING

Jude Binder

DVA

1800 838 372

Mates4Mates

mates4mates.org

Open Arms—

Veterans & Families Counselling

1800 011 046

Safe Zone 24/7

1800 142 072

Lifeline 24/7

13 11 14

www.lifeline.org.au

ADF Health & Wellbeing Portal

www.defence.gov.au/health/healthportal

Defence Family Helpline 24/7

1800 624 608

www.defence.gov.au/DCO/Defence-
Helpline.asp

BIRTHDAYS

AUGUST

Kate Erickson	10
Jenny Waldron	13
Leone Wilson	13
Jill Pollock	14
Angella Hillis	22
Denise McLachlan	22
Lesley Amos	26
Shirley Parker	27

Happy Birthday!

INVITATION TO SERVING AND FORMER SERVICEWOMEN TO JOIN OUR ASSOCIATION APPLICATION FORM CAN BE FOUND ON OUR WEBSITE:

<https://bundywomenveterans.org.au>

Before you criticize someone, you should walk a mile in their shoes. That way, when you criticize them, you're a mile away and you have their shoes.

If at first you don't succeed, skydiving is not for you.

Give a man a fish and he will eat for a day. Teach him how to fish, and he will sit in a boat & drink beer all day.

If you lend someone \$20, and never see that person again, it was probably worth it.

Don't squat with your spurs on.



TAX TIME

Comprehending Accountants

Two accountancy students were walking across campus when one said "Where did you get such a great bike?"

The second student replied, "Well, I was walking along yesterday minding my own business when a beautiful woman rode up on this bike. She threw the bike the ground, took off all her clothes and said, "Take what you want."

The first accountant nodded approvingly, "Good choice; the clothes probably wouldn't have fitted."



Acknowledgement: Thank you to the Bundaberg RSL Sub Branch for printing file and limited hard copies for non-electronic members.