BUNDABERG DISTRICT WOMEN VETERANS
Formed 1967 as: BUNDABERG & DISTRICT EX SERVICEWOMEN'S ASSOCIATION

Chests Out

Women Veterans, proud to have served our nation.

10/2026 OCTOBER



Read page three for more info on this photo taken at the Hervey Bay *Get Your Ghoul On* Luncheon

Association Information

POSTAL ADDRESS: PO Box 397 Bundaberg Qld 4670
PHYSICAL ADDRESS: 4 Glasgow St, Svensson Heights Qld 4670
WEBSITE: https://bundywomenveterans.org.au *FACEBOOK:* Bundaberg District Women Veterans Inc
E-MAIL: secretary@bundywomenveterans.org.au
admin@bundywomenveterans.org.au (enquiries) <> wellbeing@bundywomenveterans.org.au
events@bundywomenveterans.org.au
BUSINESS INFORMATION: Incorporation IA13064 NFP Charity ABN 78362718229 Public liability Insurance Miramar –132848-Q $20M
See website for constitution, by laws, business plan and other important documents

Electronic Funds Transfer & Direct Deposits:

Bundaberg District Women Veterans Inc. **Westpac Bundaberg: BSB 034122 A/c 637419**

PLEASE INFORM SECTY or TREAS .
CASH: You can pay cash at a meeting—Please assist the Treasurer by having the correct money.
If you need a receipt let the treasurer know.

MEMBERSHIP:: **Service Member $10; Associate $15 per year.** You may pay for more than one year. Please be sure to alert treasurer of your transfer of money. Your secretary has a record of your advance payments—contact her to check your status.

Patron: Leone Wilson OAM

EXECUTIVE COMMITTEE MEMBERS

President: Jenny Waldron OAM
07 4157 4621 0487 302 114 jenny.waldron@outlook.com

Vice President: Mary-Rose Mulvaney OAM
0419 121 128 maryrose.mulvaney@gmail.com

Secretary: Gloria Kilpatrick
0408 886 421 kilpatrickg@hotmail.com

Treasurer: Sharon Barsby
07 4157 4621 0428 570 014 sharonbarsby1@outlook.com

COMMITTEE MEMBERS

Deb Bratt 0422 028 773 debbrattis@gmail.com

Angella Hillis CSC (Commemorations)
0400 422 331 hillis.wa@gmail.com

Kay Littler (Assistant Treasurer)
07 4159 1881 0427 685 167 pdk7@dodo.com.au

Annette Newsham (Librarian)
0407 581 935 annettenewsham@yahoo.com.au

Lynne Pollock (Property)
07 4151 7795 0438 517 795 lynne.pollock21@outlook.com

WELLBEING SUPPORT OFFICERS

Jenny Waldron OAM 07 4157 4621 0487 302 114

Shirley Watson 0408 460 951

Leone Wilson OAM 07 4159 4135 0427 415 946

Terrie-Ann Howard (WO) on leave

GENERAL APPOINTMENTS

Activities	Jenny Waldron, Mary-Rose Mulvaney, Deb Bratt, Kerry Clements, Terrie-Ann Howard, Gloria Kilpatrick, Annette Newsham
Assist. Secty	Leone Wilson (non committee)
Awards	President, Vice President plus as per policy 1.17
Commemorations	Angella Hillis, Leone Wilson
Commun & Prom	President
Financial Auditor	Lynne Pollock, Sheona Webster-Gorrie
Fundraising	Sharon Barsby, Kay Littler, Lynne Pollock
Grants	Jenny Waldron, Kay Littler, Sharon Barsby
History	Leone Wilson
Legacy Liaison	Sheryl Parker, Lynne Pollock
Library	Annette Newsham
Line Dancing	Sharon Barsby
Newsletter	Leone Wilson
Property	Lynne Pollock, Sharon Barsby
RSL Liaison	Dannielle Brearley, Gloria Kilpatrick
Social Media	Helen Baldwin (pending), Jenny Waldron
Ten Pin Bowls	Lynne Pollock
Website	Jenny Waldron, Faye Chatham

OTHER RESPONSIBILITIES

Activities	AO, Sub C'tee, Coordinators
Activity Bookings	You, AO, Coordinator, Treasurer
Membership	Secretary, Treasurer, President
Policy & Procedures	President, Secretary
Strategic Planning	President

CURRENT LIFE MEMBERS

Leone Wilson OAM
Shirley Watson
Kay Derome
Jennifer Waldron OAM
Sharon Barsby
Jeannie Roberts

Behind the news, October

Meeting

Good to see members who turned up for our last meeting of the year. The committee and general meetings managed to finalise all 2026 business and, unless something arises, the committee are not required to meet in December.

Business included the 2027 calendar of events and a copy has been published in this issue of *Chests Out* – check the Lodge notice board as well.

January we have Super Saturday at the Social Club, possibly start of Line Dancing and the first Ten Pin Bowls. The first function for the year will be Monday 8 Feb at Saang's Asian Fusion and Cuppa Chats will return to the Lodge on the first Wed in Feb..

Members were thanked for prize and financial contributions to the 2026 meeting raffles and Sharon, Sheona and Lyn for their 'raffle running'.

The next meeting will be held Mon 18 January.

RSL Raffles – one to go

Thank you to all members who attended the RSL Club Friday evenings in support of our fundraising efforts. Plenty of work involved but also heaps of enjoyable social time and the result well worth the effort. Watch for a photo of the cheque on RSL FB.

Saturday Raffles at Social Club (Rowers) 2027

We have Saturdays 2, 9, 16, 23, 30. The first three Saturdays are prior to our January meeting and it would be extremely helpful for our secretary, if you could let Gloria know if you will be attending.

We require two members to deliver and another two to control the flow of prizes and record winning numbers. Others can continue enjoying the social aspect and maybe have lunch together.

Arrive by 1130. The raffle is drawn at 1300.

Christmas Lunch

RSVP for our annual end of year celebration on 16 Nov is 3 Nov. It will be held at the RSL Terrace room. Cost is $35 members, $45 guests.

Raffle prizes will be welcomed and are always appreciated. Please wrap(preferably see-through) or tizzy items and bring along on the day.

Hervey Bay

Members enjoyed getting together with members from other associations at this annual event. Thank you to the Hervey Bay team for the warm welcome.

Thanks to individual drivers and to Kay Littler, Legacy Bus driver who made it possible for more members to attend. Thanks to Bundaberg Legacy for use of bus.

Bundy members did well in the raffle!

Funny things happened, as they do when ghosts abound.

Mates Shirley Watson and Val Machin (RAAF from Brisbane), always catch up at this annual event. Both were concerned when they couldn't find the other on the day raising 'RUOK?' concerns. But they were both there! Find both Shirley & Val on page one.

Then John Barsby won a bag of goodies, including small chocolate coated logs. On the way home, John shared these with the bus driver and passengers then put them in the bag on a seat. We went around the corner and, you guessed it, it looked like doggie 'dos' scattered behind the front seats. We hope Kay managed to remove them all in her bus clean! And we also hope there were one or two left for John.

Library books over the break.

Annette will be at the Lodge 4 and 5 Nov from 1000 to 1100. Pop in if you need to exchange books or jigsaws. Why not check the notice board and the clipboards whilst there.

Any further 'openings' between now and January meeting will be notified to members by email.

Wellbeing

Water! Water! Water! If you feel thirsty, then you have waited too long before your next drink of water. Fact.

The late cold virus is everywhere; If you have symptoms, don't share them. If not, take all precautions – wash hands often, etc.

Leone, Editor



Diamond Jubilee countdown

Our next reunion is less than 9 months away!

Do you have mates who may like to attend? Invite your friends to join us in Bundaberg –enjoy your own mini-reunion with mates. Send them an invitation pack detailing the program and the costs

FRIDAY –

- Sunset Ceremony
- Welcome Function $40

SATURDAY

- Diamond Jubilee Birthday Luncheon $60

RSVP 30 June 2027 no refunds after that date.

KEEP AN EYE OUT FOR UPDATES

MEMBERS OF SISTER ASSOCIATIONS:
Ask your secretary for an electronic (PDF) information pack.

People First Community Lottery

Bundaberg District Women Veterans

Community Raffle Fundraiser

Thank you to all supporters, the draw took place 15 October.

REUNION WINE

Request an order from Jenny Waldron and get in early ahead of the next batch order to be placed before the 2027 reunion.

Reunions are all about getting together with each other.



As Chris and Colleen did at Hervey Bay.

Do you have service mates who live elsewhere?

Why not suggest they take a holiday next July and come and join in the fun.

Request a PDF info pack which you can email to your friends.

Contact Jenny W or myself for a copy.

Wellbeing

All of our activities are for the wellbeing of members

Weekly Line Dancing – Wednesdays, 1200 Hrs Coronation Hall

Monthly Ten Pin Bowls, last Monday, 1030 Hrs, Bundy Bowl

BEGINNERS WELCOME **BE ACTIVE – HAVE FUN WITH FRIENDS**

Both of these are good for your health. NO SKILL NECESSARY

Cuppa Chat returns next February – first Wed 1000 Hrs, Lodge

(August & November different venue)

An hour or so social get together where you may arrive, enjoy some company and a cuppa, pick up a book, check out coming activities and leave as you wish.

Medicare *Urgent* Care Clinic

Bundaberg Medicare Urgent Care Clinic, situated within the Central Medical Centre, Bundaberg. Our clinic offers free treatment for non-life-threatening conditions, providing priority care without the need for emergency department visits or when your medical need cannot wait for a GP appointment. Our urgent care clinic is supported by highly skilled independent doctors and nurses, utilising excellent treatment and procedure room facilities. The Medicare UCC is an initiative funded by the Australian Government. For more information about the Medicare UCC program, please go to **www.health.gov.au/find-a-medicare-ucc**

53 Commercial Street, Kensington, QLD 4670 **07 5316 3245** Monday-Sunday, 7am - 9pm

Just walk in!



Get well wishes to all other members who are not feeling great. We do hope you are back to normal quickly.

Thanks to Faye Chatham for dropping in to see Berris Bainbridge and passing on the newsletters.

This was taken a time back and Berris has improved…I like to think some of the jokes brightened her day!

Thanks to Helen Baldwin for alerting us to the fact that Berris was in hospital – it is the only way we find out about a member who may be happy to have a visitor.

When we know and where possible we can see if a visitor or two can be organised. Whilst Terrie-Ann is away, contact Leone with this information or to volunteer to visit.

Mates looking after mates!

CHESTS OUT—proud female veterans staying in touch for 59 years *Page 5*

ACTIVITIES 2026



Christmas Luncheon—Monday 16 Nov, 1200 Hrs

Bundaberg RSL Club, Terrace,
Member $35 Guest $45. RSVP 3 Nov. BOOK NOW
Coordinator Gloria Kilpatrick.

BOOKING FOR AN ACTIVITY—PLEASE BOOK EARLY TO ASSIST WITH PLANNING.

The RSVP date is the last date for cancellations to receive a refund. The easy way to book is via the clipboards at the Lodge, otherwise contact coordinator, activity officer or secretary. Contact details and payment info can be found on page 2

IMPORTANT: *Please note any special diet requirements when booking for a function*

OCTOBER

MON 26 Ten Pin Bowls, Bundy Bowl & Leisure Centre 1030 Hrs

WED 28 Line Dancing, Coronation Hall 1200 Hrs

NOVEMBER

WED, 4, 11, 18, 25 Line Dancing, Coronation Hall 1200 Hrs

MON 16 Christmas Lunch RSL Terrace 1200 Hrs

MON 30 Ten Pin Bowls, Bundy Bowl & Leisure Centre 1030 Hrs

DECEMBER

WED 2, 9, 16 Line Dancing, Coronation Hall 1200 Hrs

FRI 25 Santa 0000 Hrs Your place maybe!

CALENDAR OF EVENTS 2027

Month	Date	Start	Event	Detail
JAN	Sat 2,9,16, 23,30	1130	Super Saturdays	Meet for coffee (own expense). Raising funds for Assn. Bundy Social Club
	Mon 18	1300	General Meeting	Management Committee meet at 1200 - all welcome
FEB	Mon 8	1200	Lunar New Year Lunch	Welcome the Lunar new year in with lunch at Saang's Asian Fusion, Takalvan St. BYO lunch & drinks. Cord: Jenny RSVP 18th Jan
	Mon 15	1300	General Meeting	Management Committee meet at 1200 - all welcome
MAR	Mon 15	1300	AGM	Annual General Meeting with afternoon tea to follow
APR	Mon 19	1100	Annual Quiet Time. *Anzac Girls* Lunch –	Servicewomen's Memorial – LRP 'Quiet Time' Roll Call Followed by a BYO lunch downstairs at the RSL Club Bistro Coord: TBA RSVP: 4th April
	Sat 25		ANZAC Day	City Parade. War Nurses Memorial Service. RSL Subbranch Lunch TBA - make own bookings
MAY	Mon 10 or 24	1000	Croquet Fun	Intro to the game of croquet at the Sunnyside Croquet Club, 86A Walker Street, followed by a BBQ lunch at the club. Coord: Mez **M $20 G $20** RSVP: 25th April
	Mon 17	1300	General Meeting	Management Committee meet at 1200 – all welcome
JUN	Thu 3		Sunshine Coast Luncheon	Sunshine Coast Luncheon. **Own Arrangements. No Association Bus.**
	Mon 14	1300	General Meeting	Management Committee meet at 1200 - all welcome
JUL	Fri 16 & Sat 17	1700 1200	REUNION Service/Dinner Birthday Lunch	60th Anniversary Reunion weekend. See Reunion Booking Information for detailed information Corord: Jenny, Gloria & Sharon RSVP: 30th June **Fri $40 Sat $60**
AUG	*Cuppa Chat: Wed 5th August at Tom Quinn Centre from 10am. Buy your own cuppa etc*			
	Mon 16	1300	General Meeting	Management Committee meet at 1200 - all welcome
	Mon 20	1300	General Meeting	Management Committee meet at 1200 - all welcome
SEP	Sat 16	0930	Hervey Bay Luncheon	Bus day trip to Hervey Bay Luncheon. Coord: TBA RSVP: 30th Sept **M $ TBA G $ TBA**
	Sat 16	0930	Hervey Bay Luncheon	Bus day trip to Hervey Bay Luncheon. Coord: TBA RSVP: 30th Sept **M $ TBA G $ TBA**
OCT	Mon 18	1300	General Meeting	Management Committee meet at 1200 - all welcome
	Cuppa Chat-Wed 4th November at Pacific Roasters, Bourbong Street (near Red Rooster) buy your own cuppa etc			
NOV	Thu 11	1100	Remembrance Day	
	Mon 15	1200	Christmas Lunch	Celebrate Christmas lunch at The Terrace Room, Bundy RSL Club Coord: TBA RSVP: 3rd Nov **M $ 35 G $ 40**

Cuppa Chats 1st Wednesday of the Month at The Lodge from 1000: February to October
Except for August: Tom Quinn and November: Pacific Roasters

Ten Pin Bowling Last Monday of the Month at Bundy Leisure and Bowl Centre. Coord Lynne

Line Dancing Every Wednesday at Coronation Hall, Walkervale at noon. Coord Sharon

Lodge Library Check Chests Out newsletter for non-meeting times when the Lodge library will be open

Book and pay at meetings on the lists provided by Treasurer Sharon or pay by direct deposit to Association: Westpac BSB 034122 Acct: 637419 – advise treasurer of your deposit by email – sharonbarsby1@outlook.com



Enjoying Betty's scones, good company, coffee at Veterans Morning Tea, and Gloria's birthday!

OUR FUNDRAISERS:



HERVEY BAY 2026



CHESTS OUT—proud female veterans staying in touch for 59 years *Page 8*











When I was in my younger days,
I weighed a few pounds less,
I needn't hold my tummy in
To wear a belted dress.

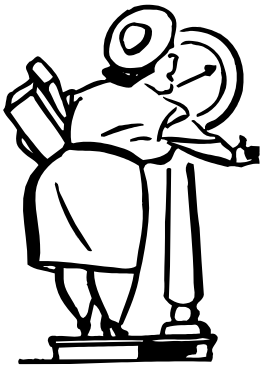
But now that I am older,
I've set my body free;
There's comfort of elastic
Where once my waist would be.

Inventor of those high-heeled shoes
My feet have not forgiven;
I have to wear a nine now,
But used to wear a seven.

And how about those pantyhose--
They're sized by weight, you see,
So how come when I put them on
The crotch is at my knees?

I need to wear these glasses
As the prints were getting smaller;
And it wasn't very long ago
I know that I was taller.

Though my hair has turned to grey
And my skin no longer fits,
On the inside, I'm the same old me,
Just the outside's changed a bit.



Commemorations

11 Nov **Remembrance Day** -2021

STREETS OF REMEMBRANCE

…

ASMUS: Approved and added to existing Asmus Road, Calavos.

QX41032 Lieutenant Dorothy Margaret Asmus, born Bundaberg 11 June 1909. Address Alloway via Bundaberg. Served Australian Army Nursing Service 30 December 1941 to 16 February 1945. Next of Kin on enlisting John Henry Asmus of Alloway



BEIBER. Approved and added to the register

QFX62396 Private Lillace Bieber was born in Childers 17 August 1923.Lillace enlisted in the Australian Army Medical Women's Service on 9 October 1944 and served until 6 November 1945. Lillace joined the Bundaberg & District Ex Servicewomen's Association in 1995 remaining an active member until death 11 January 2012.



HINKLER Approved and added to existing Hinkler Avenue

QF143174 Driver Ray Phyllis Hinkler nee Miles served in the Australian Women's Army Service from 7 September 1942 to 22 May 1946, Prior to discharge, Ray married Chief Petty Officer Ronald Hinkler. Ray Hinkler first joined the Bundaberg & District Ex Servicewomen's Association in 1967. With only a couple of short breaks in membership, Ray remained a loyal member until deceased in August 2019.
B/4396 EAIII Ronald John Alexander Hinkler served in the Royal Australian Navy from 19 Jan 1943 to 1 Aug 1946. Ron was born in Bundaberg on 23 Jan 1920. The couple resided at 51 Sinclair Street Bundaberg. Ronald Hinkler was the son of John (Jack) William Hinkler of Gavin Street, North Bundaberg.
2180 Private John William Hinkler served in the 1st AIF from 1 Feb 1916 to 27 Mar 1919 when he was medically discharged due to gassing.

Bundaberg Regional Council has approved the following signage:

Hinkler Avenue

Named in honour of Bert Hinkler
Third Pattern Rising Sun Badge (Army) - DVR R. P. Hinkler
Third Pattern Rising Sun Badge (Army) - PTE J. Hinkler Kings
Tudor Crown Badge (Navy) - CPO R. J. Hinkler

Coming Commemorations

Wed 11 Nov
Remembrance Day, 1045,
Anzac Park

Where able, representatives please wear our association dress shirt.

Members may also attend.



Makes you think about it...doesn't it?

When I look at a patch of dandelions, I see a bunch of weeds that are going to take over my yard. My kids see flowers for mum and blowing white fluff you can wish on.

When I look at an old drunk and he smiles at me, I see a smelly, dirty person who probably wants money and I look away. My kids see someone smiling at them and they smile back.

When I hear music I love, I know I can't carry a tune and don't have much rhythm so I sit self consciously and listen. My kids feel the beat and move to it. They sing out the words. If they don't know them, they make up their own.

When I feel wind on my face, I brace myself against it. I feel it messing up my hair and pulling me back when I walk. My kids close their eyes, spread their arms and fly with it, until they fall to the ground laughing.

When I pray I say thee and thou and grant me this, give me that. My kids say, "Hi God!!! Thanks for my toys and my friends. Please keep the bad dreams away tonight. Sorry, I don't want to go to Heaven yet. I would miss my Mummy and Daddy."

When I see a mud puddle I step around it. I see muddy shoes and clothes and dirty carpets. My kids sit in it. They see dams to build, rivers to cross and worms to play with.

I wonder if we are given kids to teach or to learn from? No wonder God loves the little children!!

Basic Guide for Australians

1. The bigger the hat, the smaller the farm.

2. The shorter the nickname, the more they like you.

3. Whether it's the opening of Parliament, or the launch of a new art gallery there is no Australian event that cannot be improved by a sausage sizzle.

4. If the guy next to you is swearing like a wharfie he's probably a media billionaire. Or on the other hand, he may be a wharfie.

5. There is no food that cannot be improved by the application of tomato sauce.

6. On the beach, all Australians hide their keys and wallets by placing them inside their sandshoes. No thief has ever worked this out.

7. Industrial design knows of no article more useful than the plastic milk crate.

8. All our best heroes are losers.

9. The alpha male in any group is he who takes the barbecue tongs from the hands of the host and blithely begins turning the snags.

10. It's not summer until the steering wheel is too hot to hold.

11. A thong is not a piece of scanty swimwear, as in America, but a fine example of Australian footwear.

13. Historians believe the widespread use of the word "mate" can be traced to the harsh conditions on the Australian frontier in the 1890s, and the development of a code of mutual aid, or "mateship". Alternatively, Australians may just be really hopeless with names.

14.The wise man chooses a partner who is attractive not only to himself, but to the mosquitoes.

15. If it can't be fixed with pantyhose and fencing wire, it's not worth fixing.

16. The most popular and widely praised family in any street is the one that has the swimming pool.

21. The phrase "a simple picnic" is not known. You should take everything you own. If you don't need to make three trips back to the car, you're not trying.

22. Unless ethnic or a Pom, you are not permitted to sit down in your front yard, or on your front porch. Pottering about, gardening or leaning on the fence is acceptable. Just don't sit. That's what back- yards are for.



CONTACTS

Bundaberg RSL

Secretary
07 4138 7621 / 0477 959 747
Wellbeing
Advocacy & Hospital Visits
07 4330 3166
Activities & Events
07 4330 3167
Bundaberg RSL Club
07 4138 7620

Defence Vets Drop In Centre

07 4153 4599
Open Mon & Thu mornings,
ESO BBQ's lunchtime First Sunday
WELLBEING
Jude Binder

Bundaberg Legacy

07 4152 5958

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Dept. of Veterans' Affairs
1800 838 372 dva.gov.au

Mates4Mates
Contact and register at mates4mates.org

ADF Health & Wellbeing Portal
www.defence.gov.au/health/health portal

Open Arms
Veterans & Families Counselling
1800 011 046

Safe Zone 24/7
1800 142 072

Defence Family Helpline 24/7
1800 624 608
www.defence.gov.au/DCO/Defence-Helpline.asp

Lifeline 24/7
13 11 14
www.lifeline.org.au

Elder Abuse
1800 737 732
Health Direct
1800 022 222
Poisons Information
13 11 26
My Aged Care
1800 200 422
State Emergency Service
132 500
Bundaberg & District Neighbourhood Centre
(information hub—weekdays)
111 Targo Street
4153 1614
info@bundync.org.au

QLD GOVERNMENT LIST
For full details, go to qld.gov.au/seniors
(some are work hours)
Seniors Support Services
1300 135 500

Human Rights
1300 130 670

Beyond Blue
1300 224 636

Crime Stoppers
1800 333 000

DV Connect
1800 811 811 (women)
1800 600 636 (men)

Public Guardian
1300 653 187

Relationships Australia Qld (Bundaberg)
14 Tantitha Street
1300 063 232

Sexual Assault Helpline
1800 010 120

Women's Infolink
1800 177 577





Happy Birthday for November:

02 Terrie-Ann Howard
11 Cindy Harrington
18 Kym Connolly
23 Helen Hancock
24 Con Chatham
25 Toni Grover
27 Mary-Rose Mulvaney





Acknowledgement:
Thank you to the Bundaberg RSL Sub Branch for assistance with this publication.